

UPCOMING TRAINING & MEETINGS:

- April 30th, 10am – noon @ EMS Office: Combined ALS / BLS Protocol Project Meeting #5 w/ Dr. Russell
 April 30th, 7pm @ Burlington Fire: BLS OTEP #1
 April 30th, 7pm @ Mclean Road: Code review / CPR

Public CPR, AED and Basic First Aid Instructors needed

We are looking for additional EMTs who would like to teach in the high schools and our daytime public classes. If you are interested in becoming a public CPR, AED and Basic First Aid instructor please contact Bev Riesland at briesland@co.skagit.wa.us and she will explain the process, expectations and requirements. Selected individuals will be required to successfully complete an instructor development class. Afterwards you will be able to help join our incredible team of instructors who routinely teach our public in a variety of settings – such as the 85 students recently trained and certified in CPR and AED at Sedro Woolley High School.



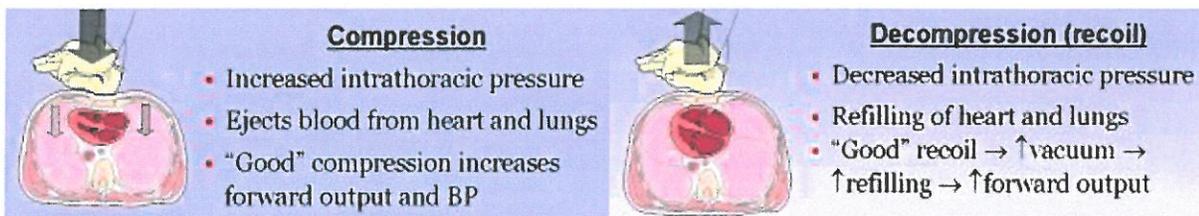
A High Performance CPR Reminder:

- ✓ Better compressions lead to better organ perfusion which leads to better resuscitation.
- ✓ Greater depth of compressions=increased likelihood of a successful shock.



Compression=Organ perfusion.

Decompression=Heart perfusion.



Does pausing make a difference?

- **YES!**
- *Longer pauses* in chest compressions = *lower chances* of positive outcome.
- The longer the pause preceding shock or following a shock, the lower the chances of survival.

EMS Week 2015

Second notice that May 17th through 23rd is National Emergency Medical Services Week. The EMS department is seeking – and has already received a few – nominations for the following EMS awards:

✱ EMT of the Year

✱ Paramedic of the Year

✱ EMS Educator of the Year

If you know someone deserving recognition please email your nominee’s name, along with a few sentences about why they deserve the award, to Michelle Brisson at mlbrisson@co.skagit.wa.us. Nominations will be considered on May 1st, so please email them no later than April 30th.

Skagit County Department of Emergency Medical Services

Mark Raaka, Director
 Joel Pratt, Training Manager
 Earl Klinefelter, Transition Coordinator
 Michelle Brisson, Administrative Assistant

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