

## Upcoming Training & Meetings:

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5/9/2016	OTEP #1	7pm	Fire District 8 Hickson Station
5/16/2016	OTEP #1	7pm	Fire District 5 Allen Station
5/18/2016	OTEP #1	7pm	Guemes Island FD
5/23/2016	OTEP #1	6pm	Rockport Fire Station

## EMS Office Closure

The Skagit County EMS Agency Office will be closed all day Friday May 13<sup>th</sup>. Our office space is going to be utilized by other county staff for these two days. We will be open for business on Monday May 16<sup>th</sup> at 8:00 A.M. Hopefully this brief closure does not create an inconvenience for anyone. Thank you for your understanding.

## 2016 EMS Week Provider Recognition

Skagit County is fortunate enough to have over 400 dedicated EMS providers, which makes the task of pick just one or two providers to recognize during EMS week exceedingly difficult. Therefore Skagit EMS would like each agency to provide us with the name of your agency's EMS Provider of the Year to recognize for their dedication to our EMS system. There will be an on camera recognition for all the providers of the year (one from each agency) on Tuesday, May 17<sup>th</sup> 2016 at the Board of County Commissioners hearing room.

The EMS recognition will begin at 10:30am in honor of National EMS week. Please provide your department's submission directly to Michelle Brisson at [mlbrisson@co.skagit.wa.us](mailto:mlbrisson@co.skagit.wa.us) no later than May 10, 2016.

## **EMS Delivery Model Advisory Group Meeting Schedule**

The EMS Advisory Group will meet every three weeks at the Board of County Commissioner's Hearing room from 9:30am-12pm. All materials for these meetings will be available on the EMS website.

<http://skagitcounty.net/Departments/EmergencyMedicalServices/advisorygroup.htm>

### **Meeting Dates:**

May 16, 2016	June 6, 2016	June 27, 2016	July 18, 2016
August 8, 2016	August 29, 2016	September 19, 2016	



## Skagit County Medic One Training Announcement

# Advanced Medical Life Support (AMLS) June 2-3, 2016

**Course Location:** Skagit County Medic One  
2911 E. College Way, Suite C. Mt. Vernon, WA 98273

**Dates/Times:** June 2<sup>nd</sup> and 3<sup>rd</sup> 0900-1730

**Course Description:** Advanced Medical Life Support (AMLS) course is one of the most comprehensive EMS continuing education courses available. It provides an in-depth study of medical emergencies that affect the adult patient. This course is designed to provide a systematic approach to patient assessment and management. The course also evaluates situational and environmental factors affecting patient care.

#### Course Content:

- Identify and manage life-threatening patients
- Toxicology emergencies
- Altered mental status and neurological emergencies
- Airway and respiratory emergencies
- Shock and infectious disease
- Hazardous materials and weapons of mass destruction

**Course Audience:** EMT, Paramedic, RN, PA and Physicians

**Course Credit:** 16 hrs of CME, 4 year AMLS certification

**Cost:** No Cost thanks to a generous grant from the  
**North Region EMS and & Trauma Care Council**

**Class Size:** Seats are VERY limited so sign up early to ensure your spot!!  
Due to nature of this course on-duty personnel are not able to attend.

**Questions:** Please email [joelp@co.skagit.wa.us](mailto:joelp@co.skagit.wa.us) for questions

**Registration:** Please call or email [mlbrisson@co.skagit.wa.us](mailto:mlbrisson@co.skagit.wa.us) or (360) 416-1831



## Skagit County Medic One Training Announcement

# Advanced Medical Life Support (AMLS) June 4-5, 2016

**Course Location:** Skagit County Medic One  
2911 E. College Way, Suite C. Mt. Vernon, WA 98273

**Dates/Times:** June 4<sup>th</sup> and 5<sup>th</sup> 0900-1730

**Course Description:** Advanced Medical Life Support (AMLS) course is one of the most comprehensive EMS continuing education courses available. It provides an in-depth study of medical emergencies that affect the adult patient. This course is designed to provide a systematic approach to patient assessment and management. The course also evaluates situational and environmental factors affecting patient care.

#### Course Content:

- Identify and manage life-threatening patients
- Toxicology emergencies
- Altered mental status and neurological emergencies
- Airway and respiratory emergencies
- Shock and infectious disease
- Hazardous materials and weapons of mass destruction

**Course Audience:** EMT, Paramedic, RN, PA and Physicians

**Course Credit:** 16 hrs of CME, 4 year AMLS certification

**Cost:** No Cost thanks to a generous grant from the  
**North Region EMS & Trauma Care Council**

**Class Size:** Seats are limited so sign up early to ensure your spot!!  
Due to nature of this course on-duty personnel are not able to attend.

**Registration:** Please email [joelp@co.skagit.wa.us](mailto:joelp@co.skagit.wa.us) for questions

**:** Please call or email [mlbrisson@co.skagit.wa.us](mailto:mlbrisson@co.skagit.wa.us) or  
(360) 416-1831



## **Paramedic Ongoing Training & Evaluation Program (OTEP) Guidance Document**

The following components are Skagit County EMS requirements for maintenance of certification using the OTEP pathway. This process has been reviewed, and approved by Medical Program Director Dr. Russell. Any questions regarding initial certification, recertification, or continuing education credit should be directed to Training and Quality Assurance Manager Kevin Chao at [kchao@co.skagit.wa.us](mailto:kchao@co.skagit.wa.us) or (360) 416-1835.

### **1. EMS Online Paramedic Tuesday Series Modules - Annually**

- 6 EMS Online Tuesday Series Modules
- Paramedic may select the modules they use for this requirement.
- Each module must be viewed and quiz successfully completed.
- Once a module has been completed, forward the email showing completion to [kchao@co.skagit.wa.us](mailto:kchao@co.skagit.wa.us)
- These modules must be completed within each calendar year.

### **2. Run Reviews / ALS OTEP Sessions – Annually (Schedule will be on the County EMS web site)**

- Formerly there had been a separation between Run Reviews and OTEP sessions; however the State views all of these sessions as part of the OTEP recertification pathway. These sessions are now to be considered combined and a quiz completion is required for a session that does not involve a skills station.
- Attendance is expected for the full session. If you anticipate having to arrive late or leave early, please notify the MPD or supervising physician prior to the beginning of the training. The MPD/SP will determine the quantity of attendance credit. Duty crews attending should contact the MPD/SP and report components of attendance within 24 hours to determine nature/quantity of attendance credit.
- A minimum of 8 Run Reviews will be attended annually. Satisfactory completion of skills stations and/or quiz is required for attendance credit.
- 2 ALS Run Reviews are offered per month and there are no “make ups” for these.

### 3. Skills Updates - Annually

- 1 ALS Skills Update must be completed. This is a skill/scenario based update and will be held twice a year at both CSMO and AFD. (2016 Skills Sessions are scheduled in March and September).
- 1 Trauma Update must be completed. This is a skill-based update and will be held once a year in December at CSMO and AFD. (The 2 day PHTLS class or equivalent education can be used as a substitute for one required Trauma Update in a certification cycle).
- These are part of the Run Review / ALS OTEP described in step 2 (of the 8 sessions you attend, one must be a skills update and if needed one must be a trauma update).

### 4. CPR, ACLS and PALS - Ongoing

- Each Paramedic will maintain current BLS Healthcare Provider CPR (or equivalent) certification.
- Each Paramedic will maintain a Current ACLS and PALS certification throughout his/her paramedic certification period.
- May substitute PEPP (Prehospital Education for Emergency Professionals) certification for PALS.
- A copy of required certificates must be emailed to [kchao@co.skagit.wa.us](mailto:kchao@co.skagit.wa.us)

### 5. Elective Education Requirements – During Certification Period

- An additional 34 hours of Elective Education Hours must be completed per 3 year certification period/cycle.
- These hours can consist of Paramedic Lecture Series, Run Reviews, ALS OTEP's, Conferences, Homeland Security/Hazmat Training, Online CME, PHTLS, AMLS, PEPP, etc.
- Continuing education credit (maximum of 12 hours) per certification period/cycle can be earned for instruction of ALS and/or BLS education classes. Proof of instruction/roster must be kept and forwarded to the EMS Agency.
- The first 8 Run Reviews will not count toward elective totals.
- Attendance at ACLS and PALS classes now qualify for elective education hours
- The County currently maintains a list of classes (at end of this document) that automatically qualify for credit towards elective education hours. To ensure an educational experience not on the list qualifies for elective credit, it is strongly recommended to get pre-approval by Training and Quality Assurance Manager or by the MPD.
- Certificate must be emailed to [kchao@co.skagit.wa.us](mailto:kchao@co.skagit.wa.us)

### 6. Intubations and IV Starts

#### **Paramedics in their first Certification Period:**

Documentation of 12 human intubations per year (36 in 1<sup>st</sup> 3 year certification period)

Documentation of 12 documented IV starts per year (36 in 1<sup>st</sup> 3 year certification period)

#### **Paramedics after their first Certification Period:**

Documentation of 4 human intubations per year (12 tubes per 3 year certification cycle)

## **OTEP General Information**

There are several important points to understand and remember about OTEP and this program in particular:

1. Although certification cycles are not on a calendar year cycle, the training schedule is meant to be completed in the calendar year. By maintaining the calendar year requirements, you will meet your recertification needs.
2. Only an approved OTEP Evaluator under direction of the County Training Manager and/or Medical Program Director can evaluate skills.
3. Each paramedic is responsible for completing and maintaining records of their continuing medical education.
4. Run Reviews, EMS Online Lectures, OTEP Assignments, etc. must be completed within the calendar year assigned.

## **Recertification Process**

To ensure no lapse in certification the Skagit County EMS is requesting the following occur **60 days prior** to expiration date.

Ensure that the Paramedic OTEP Checklist for all years in your certification is completed along with copies of attendance or completion.

Turn in completed OTEP Checklist to EMS Dept.

Go to the Washington State Department of Health website at

<https://fortress.wa.gov/doh/emsonline/EMSLogon.aspx> and follow the instructions to recertify online.

Once your training checklist has been submitted it will be assessed for compliance and the request for recertification will be approved.

Providers who fail to complete required education within the calendar year will revert to the Traditional Method of recertification set out in WAC 246-976-161, WAC 246-976-162 and WAC 246-976-163.

Request for recertification submitted less than 45 days prior to expiration may result in certification expiration. Certification expiration will result in the provider not being able to practice until re-certified.

Should you encounter life difficulties that you anticipate might prevent completion of one or more of these requirements please contact the Skagit County EMS Training and Quality Assurance Manager as soon as possible.

**Pre-Approved Elective Education  
(34 hours required per certification period/cycle)**

<u>Course</u>	<u>Hours</u>
EMS Online Paramedic Tuesday Series Modules	1 hour each
EMS Online Paramedic OTEP Modules	2 hours each
EMS Online BLS Education Modules	2 hours for completing <b>all</b> topics for a year
Advanced Burn Life Support (ABLS)	8 hours
Advanced Cardiac Life Support (ACLS)	16 hours (8 hours for refresher)
Advanced Medical Life Support (AMLS)	16 hours (8 hours for refresher)
Difficult Airway Course	16 hours plus (2) Endotracheal Intubations
Principles of Ethics and Personal Leadership (PEPL)	16 hours
Emergency Pediatric Care (EPC)	16 hours
Pediatric Advanced Life Supports	16 hours (8 hours for refresher)
Pediatric Education for Prehospital Providers	14 hours
Pre Hospital Trauma Life Support (PHTLS)	16 hours (8 hours for refresher)
Tactical Combat Casualty Care (TCCC)	16 hours
International Trauma Life Support (ITLS)	16 hours (8 hours for refresher)
Critical Care Paramedic Course	40 hours
American CME	0.5 hours each
FEMA/DHS Responder Training Courses	Course dependent (Maximum 40 hours)
National Incident Management System Courses	Course dependent
Other Classes as deemed appropriate	Course dependent

Conferences that do not require pre-approval for elective credit include:

Paramedic Lecture Series by Cascade Medical (Annual EMS Conference in Leavenworth)  
 EMS Today Conference  
 EMS World Expo  
 National Association of EMS Physicians  
 Gathering of Eagles  
 Resuscitation Academy

**All other conferences require prior approval to receive continuing education credit. Continuing education hours must be applied to the current certification cycle.**



## 2016 Paramedic Continuing Education Checklist

### (6) EMS Online Paramedic Tuesday Series Modules

Paramedic may select any six modules to fulfill this requirement. Quiz must be completed and proof of completion submitted to [kchao@co.skagit.wa.us](mailto:kchao@co.skagit.wa.us).

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

### (8) ALS Run Review / OTEPs

1. Location: \_\_\_\_\_ Date: \_\_\_\_\_
2. Location: \_\_\_\_\_ Date: \_\_\_\_\_
3. Location: \_\_\_\_\_ Date: \_\_\_\_\_
4. Location: \_\_\_\_\_ Date: \_\_\_\_\_
5. Location: \_\_\_\_\_ Date: \_\_\_\_\_
6. Location: \_\_\_\_\_ Date: \_\_\_\_\_
7. Location: \_\_\_\_\_ Date: \_\_\_\_\_
8. Location: \_\_\_\_\_ Date: \_\_\_\_\_

**Skills Updates**

Annual Skills Update

Location: \_\_\_\_\_ Date: \_\_\_\_\_

Annual Trauma Update

Location: \_\_\_\_\_ Date: \_\_\_\_\_

**(34) Elective Education Hours**

Education: \_\_\_\_\_

Date of Completion: \_\_\_\_\_ Number of Hours: \_\_\_\_\_

Education: \_\_\_\_\_

Date of Completion: \_\_\_\_\_ Number of Hours: \_\_\_\_\_

Education: \_\_\_\_\_

Date of Completion: \_\_\_\_\_ Number of Hours: \_\_\_\_\_

Education: \_\_\_\_\_

Date of Completion: \_\_\_\_\_ Number of Hours: \_\_\_\_\_

Education: \_\_\_\_\_

Date of Completion: \_\_\_\_\_ Number of Hours: \_\_\_\_\_

Education: \_\_\_\_\_

Date of Completion: \_\_\_\_\_ Number of Hours: \_\_\_\_\_

Completed checklist should be turned into the Skagit County EMS Agency when recertifying. Copies of current BLS, ACLS and PALS Certifications should also be included. Any questions should be directed to the Training and Quality Assurance Manager Kevin Chao at (360) 416-1835 or [kchao@co.skagit.wa.us](mailto:kchao@co.skagit.wa.us).

**Paramedic Name:** \_\_\_\_\_

**Date of Submission:** \_\_\_\_\_



## BASIC LIFE SUPPORT ONGOING TRAINING & EVALUATION PROGRAM (OTEP) GUIDANCE DOCUMENT

The Skagit County Dept of EMS has developed a countywide OTEP program for BLS providers. This process has been completed, reviewed, and approved by Dr. Russell.

### 1. EMS Online OTEP Course Modules- Annually

- Annual topics will be set by King County EMS Online. These topics will then be split into OTEP #1 and OTEP #2 by the county Training Manager
- Each module must be viewed and the quiz must be completed prior to attendance at OTEP Skill Sessions or provider may be denied attendance.
- **These must be completed within the assigned calendar year.**

### 2. BLS OTEP Skill Sessions- Annually

- A minimum of 2 OTEP Skill Sessions will be attended annually (Standard or Advanced OTEP)
- The assigned EMS Online OTEP Course Modules must be completed prior to attendance.
- **These must be completed within the assigned calendar year.**

### 3. Code Review- Annually

- A minimum of 2 Code Review's must be attended annually.
- **These must be completed within the assigned calendar year.**

### 4. Advanced OTEP- \*Optional\*

- Advanced OTEP is meant to allow providers wishing to have a higher depth of education in the assigned subjects. These will be taught by Paramedics at an AEMT or Paramedic level and will include additional ALS Interface skills and topics
- ***For those electing to participate in an Advanced BLS OTEP they will receive credit to satisfy the didactic (EMS Online) modules and OTEP Skills Session as outlined in the course description.***
- Advanced OTEP will consist of lecture followed by skills and written assessment.
- Advanced OTEP Skills and Didactic credit is allowed for the following pre-approved classes:
  - Pre-Hospital Life Support (PHTLS)
  - Advanced Cardiac Life Support (ACLS) for EMT's
  - Advanced Medical Life Support (AMLS)
  - Tactical Combat Casualty Care (TCCC)
  - Tactical Emergency Casualty Care (TECC)

## **5. CPR Certification- Annual**

- Each BLS provider will annually complete renewal of their CPR for the Healthcare Provider or CPR Pro certification.

## **6. EMT- IV THERAPY TECHNICIANS (in addition to the above listed BLS OTEP requirements)-**

- Attend 1 ALS Skills Update per year.

### **FOR EMT-IV's IN THEIR FIRST 3 YEAR CERTIFICATION CYCLE:**

- Documentation of 36 documented IV starts per year (108 in 1<sup>st</sup> 3 yr certification cycle)

## **OTEP FAQ's**

There are several important points to remember and understand about OTEP and this program in particular:

1. Only an approved OTEP evaluator under direction of the county Training Manager can check off skills.
2. The State has indicated the individual BLS Provider is ultimately responsible for completing and tracking their CME.
3. OTEP Assignments, Skill Sessions, Code Reviews, etc. must be completed within the calendar year it was assigned. If the provider fails to do so, they will revert to the Traditional Method of recertification set out in WAC 246-976-161, WAC 246-976-162 and WAC 246-976-163.
4. OTEP Skill Sessions and Code Reviews do not have to be done at your own agency. These can be done at any published OTEP or Code Review class throughout the county.

## **REMEDIAL EDUCATION**

Remedial training will be provided to individuals who are unsuccessful in any aspect of training. The focus of this training will be to answer all questions and provide guidance that will allow the individual to be successful. Continued inability to be successful may require consultation with the county Medical Program Director.

## **RECERTIFICATION PROCESS**

In the interest of ensuring no lapse in certification, we are asking that the following process be followed to recertify;

### **90 Days prior to expiration date.**

- Ensure that the BLS OTEP Checklist for all years in your certification is completed along with copies of attendance or completion.
- Turn in completed OTEP Checklist to EMS Dept.
- Go to the Washington State DOH website at <https://fortress.wa.gov/doh/emsonline/EMSLogon.aspx> and follow the instructions to recertify online
- Once your training checklist has been submitted it will be assessed for compliance and the request for recertification will be approved.

**ANY REQUEST FOR RECERTIFICATION SUBMITTED LESS THAN 45 DAYS PRIOR TO EXPIRATION WILL LIKELY RESULT IN THE EXPIRATION OF THE PROVIDERS CERTIFICATION, CREATING A PERIOD OF TIME WHERE THE PROVIDER WILL NOT BE ALLOWED TO PRACTICE.**

# 2016 BLS OTEP Checklist

**\*\*This sheet is meant to be filled out and kept up-to-date by the provider and is to be presented to the EMS department with supporting documentation upon application to recertify.\*\***

Name \_\_\_\_\_ Primary Agency \_\_\_\_\_

Certification # \_\_\_\_\_ Expiration Date \_\_\_\_\_

## 2016 OTEP #1 Required EMS Online Modules

- Glasgow Coma Scale
- Teamwork and Communication
- Airway Adjuncts
- Abdominal Injuries

## 2016 OTEP #2 Required EMS Online Modules

- Pediatric Respiratory
- Burns
- Sick-Not Sick

## 2016 Ongoing Training

- Glucometry
- EPI
- Infectious Disease

## 2016 Required OTEP Skills Sessions:

#1 Location/Date \_\_\_\_\_

#2 Location/Date \_\_\_\_\_

## Advanced 2016 OTEP (Optional)

#1 Location/Date \_\_\_\_\_

#2 Location/Date \_\_\_\_\_

## 2016 Required Code Reviews

#1 Location/Date \_\_\_\_\_

#2 Location/Date \_\_\_\_\_

## High Performance CPR & HIV/HBV/BBP

#1 Location/Date \_\_\_\_\_

