

MARCH 11TH-12TH  
Burlington, WA

# 2017 BATTLE OF THE HARDWOOD



## Tournament Information

March 11th-12th ~ Burlington, WA  
Games at Burlington-Edison Schools

- 4th-8th grade boys
- Gold and silver divisions (if enough teams)
- 4 game guarantee
- Tournament fees — \$250
- Registration deadline Monday, March 6<sup>th</sup>
- No AAU membership/card required
- Awards – Championship shirts for 1<sup>st</sup> place

### QUESTIONS?

Eric Reisner 360.815.2185

Email: [ericreisner@hotmail.com](mailto:ericreisner@hotmail.com)



To register, please fill out and mail the Registration form, Concussion form and Entry fee to:

Battle of the Hardwood  
c/o Eric Reisner  
15077 Hawk Lane  
Burlington, WA 98233

\*Make checks payable to  
B-E Boys Basketball  
Booster Club

# 2017 BATTLE OF THE HARDWOOD

## REGISTRATION FORM



TEAM NAME: \_\_\_\_\_ GRADE/DIVISION: \_\_\_\_\_

COACH NAME: \_\_\_\_\_ ALTERNATE CONTACT: \_\_\_\_\_

EMAIL: \_\_\_\_\_

PHONE: \_\_\_\_\_

<b>Team Roster</b>			
<b>Jersey #</b>	<b>Name</b>	<b>Date of Birth</b>	<b>Grade</b>
1)			
2)			
3)			
4)			
5)			
6)			
7)			
8)			
9)			
10)			
11)			
12)			

I give permission for our team to participate in the Battle of the Hardwood. I understand that basketball may result in serious injury and that nothing can prevent all injuries to players. I waive, release and agree to hold harmless the BE School District, its representatives; the members of the Battle of the Hardwood; and participants from any and all claim arising out of injury to our team members whether the result of negligence or any other cause. It is my responsibility to have current medical release forms signed and on file for each of our players and will follow the directions on those forms for any medical conditions that exist or for any injuries that may occur.

I understand that players are expected to exhibit good sportsmanship and abide by the Battle of the Hardwood rules including showing respectful behavior toward staff, game officials and other players at all times.

Head Coach Signature \_\_\_\_\_ Date \_\_\_\_\_

**CONCUSSIONS**  
**Lystedt Law Compliance Form (RCW 28A.600)**

**WHAT IS A CONCUSSION?**

A concussion is a brain injury, and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, **all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly.** In other words, even a “ding” or a bump on the head can be serious. You can’t see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

**SYMPTOMS**

<b>FELT BY PLAYERS</b>		
<ul style="list-style-type: none"> <li>• Headaches</li> <li>• “Pressure in head”</li> <li>• Nausea or vomiting</li> <li>• Neck pain</li> <li>• Balance problems or dizziness</li> <li>• Blurred, double, or fuzzy vision</li> <li>• Sensitivity to light or noise</li> <li>• Feeling sluggish or slowed down</li> </ul>	<ul style="list-style-type: none"> <li>• Feeling foggy or groggy</li> <li>• Drowsiness</li> <li>• Change in sleep patterns</li> <li>• Amnesia</li> <li>• “Don’t feel right”</li> <li>• Fatigue or low energy</li> <li>• Sadness</li> </ul>	<ul style="list-style-type: none"> <li>• Nervousness or anxiety</li> <li>• Irritability</li> <li>• More emotional</li> <li>• Confusion</li> <li>• Concentration or memory problems (forgetting game plays)</li> <li>• Repeating the same question/comment</li> </ul>
<b>OBSERVED BY PARENTS/COACHES</b>		
<ul style="list-style-type: none"> <li>• Appears dazed</li> <li>• Vacant facial expression</li> <li>• Confused about assignment</li> <li>• Forgets plays</li> </ul>	<ul style="list-style-type: none"> <li>• Answers questions slowly</li> <li>• Slurred speech</li> <li>• Can’t recall events prior to hit</li> <li>• Can’t recall events after hit</li> </ul>	<ul style="list-style-type: none"> <li>• Is unsure of game, score, or opponent</li> <li>• Shows behavior or personality changes</li> <li>• Moves clumsily or displays lack of coordination</li> </ul>

**WHAT CAN HAPPEN IF A CHILD KEEPS ON PLAYING WITH A CONCUSSION OR RETURNS TOO SOON?**

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athletes will often underreport symptoms of injuries, and concussions are no different. As a result, education of administrators, coaches, parents/guardians, and students is the key for student athletes’ safety.

**IF YOU THINK YOUR PLAYER OR CHILD HAS SUFFERED A CONCUSSION**

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. The new “Zackery Lystedt Law” in Washington now requires the consistent and uniform implementation of long and well-established return-to-play concussion guidelines that have been recommended for several years:

- A youth athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time.
- [He or she]...may not return to play until the athlete is evaluated by a licensed healthcare provider trained in the evaluation and management of concussion and has received written clearance to return to play from that health care provider.
- You should also inform your child’s coach if you think that your child may have a concussion, remember, it’s better to miss one game than miss the whole season. And when in doubt, the athlete sits out.

By signing below, I indicate that I have reviewed the information regarding concussions outlined in this document with my players and their parents/guardians and agree to follow the proper guidelines and protocols concerning concussions.

\_\_\_\_\_  
 Coach Name Printed

\_\_\_\_\_  
 Coach Signature

\_\_\_\_\_  
 Date