

**RECORD OF THE PROCEEDINGS
SKAGIT COUNTY SKAGIT COUNTY BOARD OF HEALTH
TUESDAY, FEBRUARY 20, 2024**

The Skagit County Board of Commissioners met in regular session on Tuesday, February 20, 2024, with Commissioner Peter Browning, Commissioner Lisa Janicki, and Commissioner Ron Wesen present.

I. CALL TO ORDER:

Chair Browning called the proceedings to order at 4:00 pm.

II. AGENDA:

a) 4:02 p.m. Approve Record of Proceedings for Tuesday, November 21, 2023

A motion was made by Commissioner Wesen to approve the Record of Proceedings for Tuesday, November 21, 2023. Commissioner Janicki seconded the motion.

The vote passed unanimously.

b) 4:04 p.m. Public Health Director Remarks

Public health Director Keith Higman noted he had met with the Board of Health's Chair to establish the 2024 meeting schedule. The Board of Health was scheduled to meet every other month in 2024:

- Monday, April 1, 2024 at 1:30 p.m.
- Tuesday, June 25, 2024 at 10:00 a.m.
- Tuesday, August 20, 2024 at 10:00 a.m.
- Tuesday, October 22, 2024 at 10:00 a.m.
- Tuesday, December 17, 2024 at 10:00 a.m.

c) 4:08 p.m. Resolution to appoint Community members to Population Health Trust Community Health Advisory Board

Public Health Analyst Kristen Ekstran presented the Resolution to appoint community members to the Population Health Trust Community Health Advisory Board to serve three-year terms and noted that the following were new members to the Board:

Lilia Ortiz: Food Security and Nutrition, Tri-Parish Food Bank
Erin Von Fempe: Emergency Medical/IOS, Mount Vernon Police
Mario Paredes: Behavioral Health, Consejo Counseling & Referral Service
Linden Jordan: Community Stakeholder, PFLAG
Sonia Garza: Medical SeaMar Community Health Centers

A motion was made by Commissioner Wesen to approve the Resolution to appoint Community members to the Population Health Trust Community Health Advisory Board. **(Resolution No. R20240035)** Commissioner Janicki seconded the motion.

The vote passed unanimously.

d) 4:10 p.m. Naloxone Training and Distribution data

Behavioral Health Coordinator Christi Brua-Weaver and Community Health Coordinator Peter Miterko explained what opioids did to the human body, how to recognize an overdose, how to respond to an overdose, and how to administer Naloxone. She said that Naloxone could be used to treat opioid induced respiratory depression and that it was available for free at Skagit County Public Health by contacting them at (360) 416-1500, The People's Harm Reduction Alliance or a pharmacist.

Mr. Miterko also provided information about the Epi Program and distribution data. He said that 208 Naloxone kits had been distributed during the 2024 Point in Time Count. He said that approximately 1,173 Naloxone kits were distributed in 2023. He also shared that there was an increase in opiate overdoses in 2022 and 2023.

Health Officer Dr. Howard Leibrand provided information about dosages to administer Naloxone.

e) 4:35 p.m. Public Health Connection to Comprehensive Planning

Mr. Higman provided a brief overview about how the Comprehensive Plan impacted Public Health.

A discussion ensued about Skagit County's 2025 Comprehensive Plan update and the importance of water availability, availability of open spaces for physical activity and recreation, housing and making healthy food available.

f) 4:50 p.m. Health Officer Update

Health Officer Dr. Howard Leibrand said that there were still persistent levels of COVID, respiratory syncytial virus (RSV) and influenza cases in the community. He reminded the community to get the necessary vaccines and to stay home if you are sick.

g) 4:55 p.m. Public Comment

None provided.

III. ADJOURNMENT:

Chair Browning adjourned the proceedings at 5:11 p.m.

*Note, to obtain an audio or video recording of this meeting; please contact the Skagit County Commissioners' office.

**BOARD OF HEALTH
SKAGIT COUNTY, WASHINGTON**

Ron Wesen, Chair

Kenneth A. Dahlstedt, Commissioner

Lisa Janicki, Commissioner

Dr. Connie Davis, At Large Board Member

Dr. Aaron Katz, At Large Board Member

ATTEST:

Clerk of the Board